**On Monoexistentialism**

**Excerpted from *Infinite of One***

**The following is a conversation held between the philosophical protagonist of the novel Infinite of One, Alex, and a cohabitant of his compound, Henry, held on the subject of Monoexistentialism:**

“The fourth part,” Alex continues, feeling, as ever, a need to be comprehensive, suddenly seeing the recorder as a vessel for his total testament; “the fourth and final cornerstone supporting the ideal basis for building and housing the greatest quality of life for the greatest numbers: the supplanting of religion with monoexistential spirituality. Replace narrow, weakening, dividing, idolatrous, hierarchal, imperially-propagated theology with fully inclusive, empowering, unifying, philosophy-backed spirituality. What I call the Spirit, the source energy to which no one pronoun can ever perfectly fit, is the core component composing and encompassing everything in existence, its expansion from singularity to boundless plurality producing all spacetime and each of its contained beings and the canvas upon which every such being paints every experience of their lives as individualized manifestations of this one shared essential self. It is a spirituality that can never be accommodated by any one religion or their confining, reducing, narrowly-defining practices.”

“Spirit is the essential, indivisible, irreducible component of not just every fundamental element, but of every atom and particle composing every element. For if you break everything in existence down as much as possible you’re left with the part that cannot be broken down or divided any further. It is a logical certainty that the reduction of every material and form of energy must stop not at zero, at nothing, for everything that exists cannot be composed of nothing, cannot be built upon a foundation of nonexistence, but must be composed of the one original thing that was never created and cannot be destroyed or even broken down. It, and thus we, are free from the illusory concepts of ‘beginning’ and ‘ending.’ Spirit is the source and core substance of all things, and everything that exists is differentiated from everything else that exists only by the relative distribution, concentration and arrangement of this source substance. Things only appear different to our limited sensory capacities because of the relativity of this one source substance so that we may sense for our survival and our limited spacetime frames, for to sense beyond this would make it impossible for us to focus on the requisites of our survival in our endlessly adapting, mortal material forms. Common knowledge will one day include the fact that our essential self is never created nor destroyed and isn’t subject to time, space or the ephemeral nature of each of the relative arrangements of Spirit into different forms of energy or matter, including into beings that developed the neurological qualities that give rise to consciousness, self-perception and the illusion of individuality.”

“Everything is a facet of this one thing, essentially…” Henry summarizes.

“Yes, that’s right,” Alex agrees. “We speak of things as if they’re distinct and separate from one-another, but they never truly are. Nothing is truly spaced from anything else, because the core of all things, including us and the relative space between us, is composed of this one thing that we all exist within and are entirely based upon as semi-autonomous versions of. The Spirit is not bound by time or space or matter or energy because all of these things are relative only to its willed plurality lying atop an endless singularity; it is the only constant other than the relative change of its arrangement and accumulation into different forms. It is a truth that is very, very difficult for our minds to capture and live within, as we think and sense in terms of distinctions for the sake of survival, differentiation and understanding. But the fundamental truth is that distinction is an illusion born of ignorance, sensory and mental limitation and our existential constraints. And during those rare moments when I’m best able to lodge this truth in my mind as triggered by its tenuous grasp upon the communications cast from my heart the world seems to wash away, as I sense in my deepest, truest self that our existence, and the world that seems to encompass us, is far grander than we can conceive or perceive.”

“We are inseparable from that which is all things. The starting point that had no start, but has always been. *This* is God, communicating with us and guiding us through our hearts, the greatest point of energetic consolidation within our impermanent material forms. And how, I ask you, can such a universally-applicative basis for everyone and everything’s existence ever be consigned to any theological construct that in any way bars anyone or anything from perfect inclusion? How can any constricting identity, any specific set of myths, deities, idols or hierarchies ever be the one and only, in exclusion of all the others, without perpetuating ignorance leading to conflict, division, a lack of harmony and solidarity and the destruction of our highest potential as a race; a potential that can only ever be approached in collaboration boosted by perfectly inclusive shared identity such as is offered by the truth of Spirit? Religion is false and destructive of our highest personal and collective potential on *many* levels, as we’ve discussed as a group many times. Theological specificity is pure folly; pure arrogant, self-righteous presumption pretending to stand for a purifying, all-inclusive truth it cannot come close to representing.”

“So you see religion as the greatest enemy of mankind,” Henry interprets. “You see it as the greatest impediment to our unification and evolution.”

“So long as religiosity maintains popular acceptance and is practiced over all-inclusive spirituality it will ironically remain the greatest force of evil in mankind’s present,” Alex responds, “just as it assuredly exists in our past, seeing as how it effectively acts to corrupt and divide us and misdirect us away from the one truest, indivisible, incorruptible identity. It will continue to cost us more than any other concept in history. The value religion offers, the principles and sense of comfort and community religion provides, are far outweighed on the negative value side by what it costs. I was thinking about it again this morning, in fact…” Alex removes a cluster of post-it notes from his pocket. He has long been in the habit of writing down anything that comes to mind that he thinks may be of value. Post-it notes, magazine covers, the inside of book jackets and within their margins, any scrap of paper he can get his hands on is fair game for being scrawled with thoughts on an endless array of subjects, often inspired by whatever he’s reading or watching or discussing at that moment.

He’d always tried to type his thoughts directly into his laptop in order to avoid the sprawling scrawls that, in their amassment, so came to weigh heavily upon him with their incessant, unlimited accumulations. But, alas, his laptop isn’t always available. Very often the sheer volume of notations will come to overwhelm him and he’ll end up feeling the need to transcribe them onto his computer, though he can’t ever quite seem to fully scale the mountainous backlog, all written in small, cleanly-scribed text. His handwriting had always been refined, reflecting his borderline OCD personality, including his need for clean, organized symmetry and having everything accounted for and in its right place in order to grant him any measure of peace of mind. There might be stacks of stuff, but those stacks were always stacked neatly, and often unconsciously so. His brother often teases him at how he involuntarily places everything at right angles and organizes shelves according to the size and shape of objects, watching him obsessively ordering his belongings before coming in behind him and setting them askew for the mischievous fun of witnessing his compulsive corrections. Reading from the first post-it note, Alex says:

“Consider what religion is, its attributes and its effects. Through its denial of science, reason and critical thought, it encourages and, within its bubble of adherents, rewards and perpetuates ignorance; a refusal to learn about and take advantage of the boundless body of knowledge offered across all disciplines that in any way contradict religious teachings and that could empower people in priceless, countless ways, were they not controlled by their religion. Instead this empowerment and quality of life improvement entirely bypasses them. They are lost to it, and it to them, at incalculable cost both to them and anyone and everyone to whom they may contribute. By teaching that there is an omnipotently overbearing God that is in charge and is the driving force behind all things, the puppet master stringing us all along rather than the essential guiding force of indivisible universal self, religion promotes the idea of zero free will and, through that promotion, encourages its adherents *not* to take responsibility for their lives and *not* to proactively improve themselves and the world around them because they are ultimately not in control and not responsible for what happens in the world, all at inestimable cost.”

“There is no accountability, and little encouragement to make the world a better place for its lifeforms left tragically underserved. Teaching that there is a heaven or hell only exacerbates these costs by further encouraging people *not* to be overly concerned with this plane of existence and with positively affecting change in people and the world around them because this life is said to merely be a prelude to everlasting life, where existence is far superior or, as a way to scare followers into controlled conformity, where existence is torturous. But there is no afterlife, only life itself; only infinite variations of energy born into biologically-enlivened and evolving matter. And like the denial of science and reason this same belief in the afterlife encourages people to perpetuate the anachronistic practice of filling gaps in their knowledge and understanding with myths; with blind, un-seeking faith; with internally-affirmed fantasies requiring no logical support or confirmation of any kind, further blunting the intellect and robbing the education of its adherents. This archaic practice dates back to the pre-scientific era, where non-evidentiary myths filled gaps in our knowledge; this practice has no place in an educated, progressive populist seeking truth and all its empowerments and emancipations. What else…”

Alex unravels more post-it notes before continuing: “Religion is and has always been a champion of mind-controlling tactics and manipulation; the epicenter for coercing and conning people into doing what they, what the political and religious empires and their aristocrats, want people to do for the advantage of those aristocratic empires and at the great loss of their adherents who are encouraged to move with the unthinking, unquestioningly obedient herd. This same heart of the herd mentality is the center of age-old patterns of idolatry and hierarchy, where people are put on their knees and subjugated in positions beneath where they naturally belong, on the same existential plane with God, as the Spirit’s material formations. Instead, religion’s gullible, brainwashed believers are made to feel small and beneath gods, demigods, prophets, saints and disciples and all those mythological God-like beings said to exist above them and naturally fated to rule over them. They are made to believe they are powerless over any afflictions they suffer, such as in the twelve-step Alcoholics Anonymous mantra; that they were born into inherently evil sin against which there is no control, only acceptance, whereas the truth is that they are but corruptible through their mental and physical limitations and vulnerabilities which can be greatly shored-up and reinforced with adequate understanding and discipline. They are misdirected from finding the truth of their oneness with Spirit. Low self-esteem, subjugation and repressed potential are the inevitable results.”

“People are made to be less than they should be, always looking up for guidance and encouraged not to think for themselves, not to take responsibility or to be proactive, not to come together with the rest of the Spirit’s divinely-sourced community. In competition with other faiths, the practice of religion has always encouraged unnecessary division, strife, hatred, violence and the ‘us-versus-them’ mentality that our evolution will gradually overcome on all societal fronts. Then there’s religion’s quest to control people through the family unit by way of monopolizing the sanctioning of marriage. If you have sex outside of its approval, regardless of the love that emanates from our hearts communicating true spiritual sanctioning, you face being scorned and cast out of the herd. Marriage is by and large a product of state and religious control. Religion sows guilt and repression of sexuality as well as a self-righteous judgment of those courageous, intelligent and thoughtful enough *not* to fall victim to the longest running con in history. Peer pressure, self-righteous condescension and mental coercion are some of its many cornerstones.”

“So not falling victim to that con when you’re young, ignorant and impressionable… when you’ve yet to develop the knowledge and rational capacity to defend yourself from its tentacles, that is the first step to overcoming its disempowering grip upon you, I suppose?,” Henry asks.

“Yes, it begins with doubt, with asking questions,” Alex replies. “I sometimes see the question of God as giving way to a typical trajectory, one that I walked myself, to some degree.”

“What trajectory is that?,” Henry plays along.

“I sometimes see the quest towards spiritual truth as being a kind of journey in which religion is ironically the *furthest* from the truth,” Alex replies. “Actually, I believe we all begin with an instinctive awareness of God, of Spirit, before there is any intellectual conception existing in our minds. On a subconscious level we know it, for we’re inseparable from it; we *are* it; we are Spirit, pre-conceptually, before we begin to conceive of it. And the first conception is handed to us in the hopes that we’ll stop there. Religion is the default conception. It is the starting point; that which the youth are spoon-fed to remain under the control of those that control religion which, historically speaking especially, means the state and its aristocratic ownership class. Religiosity is the position in which we are small, beneath God and his ‘representatives on earth’ in a hierarchical structure. Religion relies upon scaring and pressuring the impressionable to believe on blind faith alone, convincing you that if you are worthy of God you will accept ‘him’ on faith. Only the fearful, gullible and non-questioning remain here, at blind faith, at what might be considered gullible obedience. You accept the commands of those that claim to have power over you in spiritual matters, failing to well enough consider the possibility that they may not actually have such power. Yet on some level you likely sense, but can never fully admit to yourself, that blindly having faith is not the answer. You kill doubt as you’re commanded, because doubt leads to a denial of religion and a discovery of the path towards truth. For the first step on the journey toward spiritual truth is doubt. The asking of questions is always what leads to truth. You begin to ask things like: Do the assertions made by my religion make sense? Is there any evidence, logic or anything concrete to back what is being claimed? How can any one religion reliably claim to have the best answers to these questions? Perhaps most critically you begin to think in terms of motive and history, asking: *Why* am I being fed these particular conceptions?”

“Ralph Waldo Emerson said: ‘Mysticism is the mistake of an accidental and individual symbol for a universal one.’ This to me is the distinction between mystically, mythically-infused religion and spirituality. It is the attempt to label, divide and control people’s instinctively embedded spiritual awareness and connected search for meaning through the enforcement of specific, artificial, irrational, non-evidence-based rituals, symbols, idols and mythical narratives. And if you never ask questions, if you simply accept, simply submit, you have yet to even find the trailhead leading to truth. But if you have the courage and intellect to ask questions, your questioning will inevitably reveal the fact that religion not only doesn’t have the answers but commits hellacious sins against its adherents by killing their search and enforcing untruths. And if you are strong enough not to give into religion’s sticks and carrots, its heaven, hell and peer-pressuring coercions and other deplorable, manipulative tactics of mind-controlling the masses, similar tactics used in conservative politics to get you to support the power, control and wealth consolidation of the few that have traditionally been at the helm and benefitted from the Church’s power over society, you’ll move towards *rejecting* religion.”

“Those that ask the questions and develop the knowledge and strength to defend themselves from religious coercion may end their journeys with rejection, and with the belief that the falsity of religion is to be conflated with the falsity of spirituality. To me this answer, the rejection of the notion that there’s any truth whatsoever to the concept of God, atheism, is based upon anger and arrogance as much as upon intelligence and its naturally-coinciding quality of inquisitiveness. You’re angry that you, likely beginning when you were very young, were brainwashed into believing in such a hollow answer to the question of God. This anger is very understandable. Furthermore you likely make the mistake that is common to the scientifically-inclined, believing that no evidence is the same thing as no truth; believing that if you can’t see the truth, the evidence or concrete logical proof, it must not exist. The next step for those that possess or find humility, that let some of this anger and arrogance go, is to admit that you don’t know. You begin to think that maybe the religious answer isn’t so much *entirely* hollow as it is too small, specific or certain.”

“At this point in the path you likely identify as agnostic, taking the position that there is no way to prove the question of God one way or another. But underneath it all you retain what you’ve always had, an instinctive awareness of Spirit; the Spirit speaking to your mind through your heart. And you may continue to ask questions. And this instinctive awareness may implore you to continue walking the path; to continue asking questions that may eventually end in *discovery*. You discover that you’ve known the answer in your heart all along, and you find ways for your mind to wrap around that truth. You begin to sense the implications of the fact that there cannot be such a thing as nothing, that nothing can be created or destroyed, that the starting point of everything that exists has always existed, that this source cannot possess a beginning or an end but has always existed and always will exist and must, by all these properties, be the essential most thing inherent to *all* things, must encompass all things and be intrinsic to all things. And perhaps in this framework you begin to see the purpose of matter, of the semblance of separation, the relativity of distinctiveness; you begin to see the role these things play. You begin to see their purpose in providing an existential framework for the irreducible energy of oneness, Spirit, to be manifested into infinite forms for the purpose of endless variety of existence. This is the way I see it… a journey from religion, to atheism, to agnosticism, to a pure spirituality.”

“So, let’s see…” Henry says after Alex ceases his oration. “Replacing the plutocratic republic that effectively puppeteers politicians pulled by corporate masters at immense cost to humanity with a true democracy made for the communications age that allows the people to take control of government and avoid paying that cost; replacing what you call the one-way version of freedom’s ‘free market economics’ that ideologically facilitates funneling the majority of the economy’s produced value into the hands of the few by ignoring the quality-of-life-boosting potential of that value with the double-edged-sword-swinging freedom of economic evaluation that you call Total Value Economics; replacing the equity-consolidated business model that places the vast majority of the economy’s contributors in the to-be-minimized liabilities column of the balance sheet and thereby directly facilitates the funneling of profits to the few and the expansion of the disparity in income, wealth and quality of life with a justly meritocratic Business Collective that places everyone in the equity column and thereby halts and eventually reverses that disparity; and, perhaps most importantly, replacing brainwashing, dividing, idolatrous, hierarchal and subject-producing religions with a purer, scientifically and philosophically-backed spirituality you call monoexistentialism that empowers mankind and gets it off its knees to proactively spur its evolution towards its highest collaborative form.”

“Not a bad summation at all,” Alex answers. “And I would emphasize spirituality as a foundation for the rest. For if you begin to see existence and identity through its elucidating, fully-inclusive, lens then the rest will begin to follow naturally. Also, while dichotomies tend to be oversimplified and thus at least partial misrepresentations of the nuanced truth of any matter to which they’re applied, all of these systems can be said to split ideologies, attitudes and pursuits, as well as their purveyors and pursuers, into two general groups. The first and generally prevailing group, for it is far easier and more seductive to give into and prey upon the weaknesses and limitations and resultant corruptibility of the human mind and body and, therefore, this group will be larger, is the group composed of the ‘for me,’ the ‘take all you can’ and the ‘us-versus-them’ parasitic type, at least in effect if not in understood or admitted belief. They are those that, though they are unlikely and unable to admit it even to themselves, choose or at least act to sacrifice total quality of life in self-absorbed service of greed of all types, as well as to satisfy their overblown and typically insecure egos and narrowly-perceived excluding identifications and interests. The second far smaller and generally overwhelmed or outright dominated group that will, nevertheless, prevail in the long run is the cohort of moral champions; those that refuse to give into the evils of the first group; that foster our progressive evolution as the ‘for us’ symbiotic group that refutes and refuses to think in terms of ‘us-versus-them’ for interrelated intellectual, moral and spiritual reasons.”

“This second group is made up of those that, again, though they may not think of it in these terms, act *against* those that sacrifice total quality of life and stand for and support those ideas, attitudes and pursuits that aren’t purely centered upon themselves, their self-conceived egos and any narrowly perceived identifications in which they are compelled to place themselves, but instead see the potential for life as a whole and think in far broader-minded terms along inclusive conceptual lines and thereby act to move humanity and the entirety of life on the planet and the planet itself toward its greatest potential. It comes down to that simple dividing line: you’re part of the problem, short-changing humanity and reducing and suppressing total quality of life in service of greed and ego, or you’re part of the solution, investing in humanity’s highest potential and ever prevailing upon yourself and others to act in body and mind for the maximization of total quality of life and in resistance to the first, historically-prevailing group. This second group standing upon the ultimately prevailing side of mankind’s evolution, further along our spacetime passage in the long bending arc of the moral universe, knows or at least senses that what is best for mankind may never be achieved whilst in wars amongst itself, fighting for the biggest possible piece of the pie for its petty factions based upon narrow identifications. Their prevailing knowledge or instinctive sense is that they are not truly a part of any such faction anywhere near as much as they are part of the whole and, thus, they sense or know that they do not fit into any constrained identification nearly so much as they sense that they are an indivisible member of the universally-shared identity of life. They’re on some mental level, and in parallel with the Spirit speaking through their hearts, aware that ‘their people’ is the same as ‘all people and all life,’ for it is to *all* forms of life that they truly belong and refuse to divide and reduce.”

“And this truth either isn’t realized or doesn’t prevail over the weaknesses of the other group,” Henry prompts, “the first group; the weaknesses they falsely affirm as inescapable ‘realities;’ the unavoidable realities of the ‘realist’ that you say is actually the cowardly immoralist; those that have commanded mankind through those weaknesses, through greed, ignorance, fear, ego, prejudice and the like, selling mankind short.”

“Yes,” Alex agrees, “the misleading immoralists short-selling our greater potential and blocking our evolution. They are those that, whether or not they admit it to themselves or others, which they typically will not do, for it would entail an ego-destabilizing level of self-perception, are ideologically akin to those rapacious ancient Athenians that eventually took command of the ever-more twisted, oppressive, greedily-corrupt embryonic democracy and, during the Peloponnesian War, created the man-is-inherently-evil-so-evil-is-inevitable decree of the might-makes-right ‘realist,’ attempting to coerce the Melians into submission by saying something like, what was it…” Alex searches for the memory before finally saying: “’We both know that into the discussion of human affairs the question of justice only enters where the pressure of necessity is equal, and that the powerful exact what they can, and the weak grant what they must.’ Justice, in other words, is only relevant when it has the power of enforcement behind it. This is the dark side; the side of mental corruption; the side that reveres greed, that has no legitimate grasp upon morality and that sanctions narrowly-received gain for the excluding few at incalculably great loss for the vast majority. They are the consolidating group championing limitless opportunity cost through funneling as much value as possible, including political, economic, financial and natural resource value, into ever fewer hands, while the second group is the merited distribution of value and opportunity-cost-quelling group that fosters the greatest total value for mankind and life as a whole.”

“And, again, the first group, the mentally corrupted and exploiting group, is winning by a long shot. Yet history has constantly been pushing back through men and women of conviction belonging to the second group that has always had Spirit on its side, and the pressure of this conflict and the injustices suffered at the hands of the first group continues to mount, propelling gradual progress in the slow bend of the moral universe towards an evolution the first group cannot prevent, only stall. I have vowed not to bend to the injustice, but to apply my own force toward doing anything that I can to help bend us towards justice, as any true progressive feels the absolute moral imperative to do. And, of course, most people fall somewhere between the extremes of the groups as I’ve just described, with many applying a near to neutral force upon that arc. I have met many people of progressive conviction that play some part in helping bend the arc toward justice, but many more that, unaware of it, help to maintain the status quo in thought and action, preventing that bend and thereby requiring the greatest progressive champions to apply more force than would otherwise be necessary to compensate. Most of those that prevent the bend seem to be unaware that they do so, as so successfully indoctrinated into the prevailing culture of the first group are they that they believe that the prevailing course of history is the correct course, and so they speak and act to back the subjugation of the people. They’ve been deluded into acting against the best interests of total life.”

“And yet it’s only a matter of time… a matter of how long and gradual the bend… which is determined by how many add force to the bend and how many are corrupted and brainwashed into opposing it,” Henry offers.

“Yes, something like that,” Alex replies. “It reminds me of the *Star Wars* saga, one of the more recent episodes of which, *The Force Awakens*, I watched recently. I was struck to the core of my heart by many spiritually-resonant scenes in that film. The series obviously takes dramatic liberties with the kinetic power of ‘the force,’ which is believable in the fantasy context of being set in ‘a galaxy far, far away,’ and yet I see the clearly spiritual core of these films to be an indication of the spiritual awareness that Lucas and I and many, *many* others share and, indeed, everyone likely instinctively senses to various degrees. The force surrounds, binds and guides us. And you can turn away from its total-quality-of-life-guarding-guidance when the corruptible aspects of the mind and body, when the gratification of the ego and the senses, when the ‘easier, more seductive’ side of self-absorbed gratuitousness overwhelms the drive to seek truth, serve life, deny the greedy amassment and subdue the egotistic self-identification that drive people to betray total quality of life. And while putting people on one side or the other of this conflict between ‘the light’ and ‘the dark’ is an obvious oversimplification useful for the dramatic narrative, for all people contain the corruptible ‘dark side’ and the incorruptible ‘light side’ within them, in the end every person will serve one side more than the other through their thoughts, words and actions; through everything they do; through their work, through their purchases, through their associations and their endeavors in total.”

“Every person is, in fact, forever engaged in the struggle between the choice of selling out the greater good, the greater total value for life as a whole, for greedily perceived self-interest, or choosing to fight against this dark-sided force *for* that far greater total quality of life. Do I serve ‘we’ or ‘me,’ or might I finally come to realize that I can best serve me *through* the rewards of serving we? This war is perpetually waged within every individualization and, extending outwards from every one of us, engulfs the entire planet. We all must choose to enrich the over-advantaged few at the unjustifiable cost of the many, to be paid to play a part in the exploitation of weakness for the greed of the plutocratic ownership class, to do what is the easiest and the most egotistically or gratuitously gratifying in the moment, or to follow the spiritual guidance of ‘the force,’ of the Spirit, and its encouragement of our moral development and its creation of the conviction to defend against exploitation, to conceive and support the ideas and systems best equipped to build the greatest quality of life for the greatest numbers and to develop the principles best suited to this preeminent objective, followed by the discipline to live by them.”

**(END OF SLIDESHOW)**

**More on Monoexistentialism:**

The idea of monoexistentialism is essentially the same as the age-old concept of ‘non-duality,’ based upon the philosophical truth that at the ‘end’ of the act of infinite reduction there can only be one thing and, therefore, that one thing is the basis of all seemingly separable ‘things.’

There is, in other words, a singularity at the heart of the illusion of plurality.

‘Things’ itself is an illusion based upon the perceptions necessary for the survival of finite, material beings. There’s only Thing.

Hence, **Monoexistentialism**:

Mono: One: There is One being in existence. We’re all indivisible versions of that One.

**Some paralleling perceptions of Spirit on the following pages, written separately (relatively!):**

**Synopsis of Spirit**

The existence of the source identity, or Spirit, underlying all things is proven through the combination of physics and philosophy. Consider the following line of logic: It is a fundamental law of physics that nothing can be created or destroyed, but only reduced to its most essential elements, redistributed and rearranged into new forms. And excepting mathematical applications, there is no such thing as zero.

Zero is a theoretical concept only, and exists only as an idea used to illustrate and contrast with everything that does exist. Everything must come from something, because a thing that is, that exists, cannot come from a thing that isn’t, that doesn’t exist – from a nothing, non-thing or zero. Within a mathematical context we may say that anything from or times zero is zero. Therefore, everything that exists, when fully reduced down to its most essential element, must be made of the one thing that always is and always will be, only appearing to be different because of the way it is distributed and arranged.

Space-time and matter, therefore, are also of this thing, with these parameters measuring change relative to finite formations, including human lifeforms, whose bodily constructs are finite and exist relative to space-time, other material forms and to the phenomena that result from the interactions of energy and matter. But to the essential-most thing of which everything is derived there is no such change, no relativity of existence, for all things must be relative to it.

Thus, the purpose of space-time is, in a parallel to one of Einstein’s observations, so that everything doesn’t happen at the some point in space or time; and the purpose of matter is so that those occurrences don’t occur to but one material manifestation of the essential element into matter, including lifeforms. So the purpose of space-time and matter is for infinite possible experiences of and perspectives upon existence by infinite possible forms of the essential energy, the one fundamental being, Spirit, into material forms.

We’re all, in other words, versions of this one essential being which cannot be destroyed and has ALWAYS existed. This also means that absolute separation is an illusion, because separation implies nothing, or a non-thing, existing between things, and this cannot be for, again, both physics and logic dictate that there is no such thing as nothing. Instead there is only relative separation; relative to the space-time and matter of those material forms which perceive their existences based upon space, time and matter.

Entropy dictates that the material bonds forming our bodies cannot be maintained indefinitely, thus necessitating the dissolution, or ‘death,’ of each of our bodily forms, of each life. And yet that from which all lives are derived and live within, Spirit, comprising the core of all space-time and matter, is eternal. The one truest self common to all finite forms of self, in other words, ‘God,’ Spirit,’ etc., is everlasting, and we are all incarnations of this one being. Only the individualized body and brain die, not the essence from which they are derived, which is indestructible and everlasting.

**We are divine**.

**Proof and Nature of Spirit**

I believe that we can piece together the spiritual nature of existence, and all seemingly separate forces and entities within that existence, by examining and logically tying together the laws of physics.

Let me demonstrate what I mean, and why I believe the scientist and the spiritual philosopher are actually on the same team, and why the ultimate goal of science is secretly to prove spirituality.

The following might be considered ‘The First Principles of Spirituality;’ those fundamental scientific truths upon which we can build an understanding of the nature of Spirit and how its existence is embodied in the existence of all of lives and all things.

**The First Principles of Spirituality**

* There is no such thing as nothing, for nothing is a non-thing, and a thing cannot be and not be at the same time (i.e. ‘zero’ exists in theory only, and cannot be actually be detected or manifested)
* When broken down to its most fundamental constituent elements, infinite reduction must end in a thing, not a non-thing, the most essential thing constituting all things
* Nothing can be created or destroyed, only broken apart, redistributed and rearranged into different forms
* The form which things may take is near infinite, limited only by the physical laws and environments which influence the formation of things from previously existing elements
* Energy can be condensed into matter and, thus, matter requires energy to exist, yet energy does not require matter to exist
* Spacetime is a dimension that, like all dimensions, provides a containing framework for all energy and matter to exist and move through; those ‘points’ at which all things exist at any one moment of time
* Per the discoveries of quantum physics, the most basic particles of matter may ‘jump’ between points in spacetime in a non-linear manner, and so are not constrained by the same forces that constrain the movements of larger assemblages of matter
* Separation is an illusion, as ‘something’ exists between all things, whether we’re aware of it or not
* Nothing that exists does so independently of anything else, for all things must be connected
* Gravity is the force by which energy is attracted to energy, with the force of said attraction being relative to the extent at which energy exists in any one point of spacetime, typically in the form of energy condensed into matter

**The Second Principles of Spirituality**

* If nothing can be created or destroyed, and there is no such thing as a non-thing from which everything is derived, then there must be a most essential, indestructible thing that has always existed and will always exist
* As matter requires energy, but energy doesn’t require matter, the one thing must be energetic in essence
* Included amongst all things which this most essential thing composes are spacetime, energy and matter, in all its variations
* This most essential thing therefore exists as everything, at all places in spacetime, as all manifestations of energy and energy into matter at once
* As there is no ‘dead space,’ no zero between anything, and as gravity exists as a force of attraction between relative condensations of energy (and energy into matter), the law of attraction applies to all things, and the one thing is driven to condense
* The death of the human being, or any other form of life, cannot be the end of anything constituting him or her, because nothing can be destroyed; thus, all that ends is the finite form of him or her allowing for his or her particular bodily and mental construct, including his or her consciousness

**Rephrasing the First and Second Principles as:**

**Proof and Nature of Spirit:**

There cannot be a non-thing, or ‘nothing,’ upon which all things are based that exists at the relative ‘end’ of the act of infinite reduction, but, rather, one indivisible thing relative to all things.

As dictated by both science and logic, that thing cannot be created or destroyed, has always existed and will always exist and therefore isn’t subject to time or any other form of dimension, but exists as all dimensions at once and is eternally rearranged into infinite finite forms of matter and energetic phenomena. We know this because there cannot have ever been a time in which it didn’t exist, and there never can be such a time, for it is invulnerable to destruction (absolute destruction of anything, in fact, is an impossibility), and can only be rearranged and redistributed across its dimensions.

Furthermore, any ‘thing’ seeming separate from any other ‘thing’ cannot absolutely be so, but only relatively be so, for there cannot be any non-thing, or nothing, between things, for nothing doesn’t exist, and everything that exists is a form of the one thing.

Therefore the spiritual essence of all things is the one thing, not separate things. There cannot be a soul assigned to each lifeform, rather, there is one ‘soul’ from which all things, including all lives, are manifested.

All material forms, including biological forms, exist as condensations of the one thing’s essential energy, and any genetic instructions composing that thing and compelling its change over time (its evolution) are likewise rooted in that one thing.

All differences between things are thus nonessential. Variety is based simply upon a different arrangement of the one absolute thing, for no absolute difference or separation exists.

All things are drawn to one another as a law of physics and spirituality. Upon inspection we find that the laws of these two disciplines are actually the same, just seen from different perspectives (two sides of the same coin).

Science and spirituality are not actually in conflict, they just appear to be when inaccurately assessed, when unnaturally, forcefully divided, and when insufficient information and logic is employed in seeing their indivisible semblance.

The ultimate elucidation of science, in fact, must be revelation of Spirit, guided by philosophy.

Truth of Spirit: We’re all mortal formations of the infinitely rearranged, inseparable immortal being that is all life and all things at once: Spirit.