

The Way of the Water-Bearer

Be the Cause, and the Effect Will Follow

The extrinsic is always an emanation of the intrinsic. This is true of Spirit, the One, for whom all are impermanent, unique emanations, and for those emanations themselves. Everything unfolds from the Source, just as all plants sprout from their seeds, and are made into their most complete forms by being planted in the most nutrient-rich, well-watered soils. Thus, we must not focus on the effects, but solely upon the cause. We must be the horse, and not try to put the cart before it. We must become the water-bearer before we can bear the healing, nourishing waters for both ourselves and all of life.

All that we pour into the sustenance and fertilization of the whole is as the water from our own vessels. Thus is all fruition relative to the vessels that nourish it into being. The water that we pour is the same as the fruit that we fertilize. There is no separation between anything, including between the input and the output. Relative to any individualization of the One, this is based upon its own inputs.

All that we take into ourselves becomes all that we pour out of ourselves in the influence of others. So it is that we must not concern ourselves with forcing the fruit, with the ideal output and attempting to produce some controlled state of fruiting, but with cleansing our waters and fortifying our vessel such that our purest, best cleansing, most nourishing waters then naturally flow out from us. You can't slake the thirst of others pouring from an empty or cracked vessel, and you can't improve the lives of others pouring out befouling fluids. Focus on the water within, and its vessel, and the rest will follow.

This is why the beginning of any improvement we make for life is the cleansing, filling and fortifying of our own vessels, the steadfast focus on all that we take in and make into ourselves, and why everything starts with the nutrition of our bodies and the cleansing of our minds. The body becomes the mind, the mind is the maker of thoughts, and all inner thought leads to outward action. Thus must we attend to our own vessel, and the water which it carries, and thereby attend to all, for all that we are within naturally comes to be poured and ripple on forever without, soaked up by the everything.

Focus on what's within, and the without shall be reflected back in kind. All rivers return to the sea, just as all that we pour out flows back to us, for this is the reciprocal force of Spirit; The Way of the One.

"We must be the change we wish to see in the world," Ghandi said. But in order to be that change, we must first change ourselves, and, by changing what we are, we become what the world needs of us. And in the process we remember the holiness of interbeing, the totality of interdependency, and find that there's no difference between becoming ourselves and the whole of the world reflecting it back. This is the philosophical, spiritual and scientific law of NO SEPARATION; of the equal and opposite reaction; of the Law of Attraction; of nothing that is escaping the reciprocating accord of its becoming.