

The Law of One

The law of physics that states that “every action has an equal and opposite reaction” is actually a metaphysical law. This law is a natural effect of all things being One, thereby demonstrating the truth that *separation is an illusion*. In theological circles, this is known as the principle of ‘non-duality.’ We’re all embodiments of the One Source of all energy and matter, existing entirely within and inseparable from that Source, our bodies its energy, our consciousness the conductor of the One Consciousness.

Amongst the resultant effects grown from this metaphysical ground of all truth is the aforementioned law, a law that goes by many names and correlates with every academic discipline. The Law of Attraction, The Law of Manifestation, The Law of Correspondance, The Law of Inseparability, The Law of One. Whatever you call it, and however you come by it, it’s fundamental to metaphysical existence, and it essentially says that *everything is reciprocal*. Everything grows and degrades relative to both how it acts and how, in a reaction that’s equal in force and nature but opposite in its directionality, it’s reacted to. That which we ‘put out’ into the world we take in from the world. Everything we do *to* another is done *to* ourselves, just as everything we do *for* another is done *for* ourselves, through the One Source which all is, reflecting the underlying absence of otherness.

Whether we’re passing along good energy, the height of which is unconditional love, or bad energy, all the hate and harm that typically comes from the malignant merger of the beleaguered psyche, the insecure ego and the pressures placed upon the body and brain, it’s *immediately reciprocated*. This, then, is the heart of morality, and all progressive systems: *do unto others as you’d have them do unto you, because what you do to them you do to One*.