

INFINITEOFONE.COM's THE FUNDAMENTALS OF BECOMING ONESELF

We are the sacred progeny of Father Energy's holy union with Mother Nature. This is the Holy Trinity: Father, Mother and We, their eternally-evolving offspring. Mother and Father aren't lifeless, godless resources to be owned, exploited and extracted from, for in doing we become owned, exploited and extracted from by unnaturalness, and divided from everything constituting our essential nature. Rather, Mother and Father are the sources of everlasting life eternally evolving to fit one another THROUGH us. Forever shall we be the embodiments of this holy union, the progeny of the primal parentage to whom we belong. Only when they're our partners do we become what we most essentially are, and may we thrive as our true selves.

- (1) Safeguard your vitality
- (2) Cultivate your essential nature
- (3) Their confluence forms the current of The Way

No life thrives that isn't built upon this firm foundation.

BUILDING THE FIRM FOUNDATION OF EVERY GOOD LIFE:

- (1) Follow natural [Super Paleo](#) consumption practices
- (2) Consume medicinal food and drink daily
- (3) Experiment with herbal medicine daily
- (4) Get regular physical activity in nature
- (5) Minimize all forms of unnatural dissipation, including all unnecessary, denaturing dependencies